



FRANKLIN TAE KWON DO

Student Name: _____ Rank: _____

ATTENDANCE TRACKING SHEET

Date of your workout	What Class Did You Take? (Video, Training Sheet)	Did You Review Your Handbook Before or After Class? (Yes/No)	Approximately How Many Minutes Was Your Total Workout?
<i>EXAMPLE: 3/17/20</i>	<i>EXAMPLE: Home Training Sheet or Video - Sparring Drills</i>	<i>EXAMPLE: Yes</i>	<i>EXAMPLE: 40 Minutes</i>

Use this sheet to track your attendance while you are away. Turn this in when you return to classes.

If you are watching a video, make sure to comment "Training" to show that you are in attendance! Every comment or question helps us verify attendance!

You may take the same class multiple times if you like that class!